

## Choose eakin dot® 2-piece for an active person with peristomal skin problems

### 4 reasons to use:

1. Choosing the correct appliance is an important aspect in a person's overall recovery after ostomy surgery.<sup>1</sup>
2. The goal of both nurse and patient is to achieve a predictable, reliable wear time.<sup>2</sup>
3. Peristomal skin irritation is a very common early complication when managing a stoma.
4. Peristomal skin problems can be corrected with the appropriate pouching system.<sup>3,4</sup>

### Case study submitted by:

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### References:

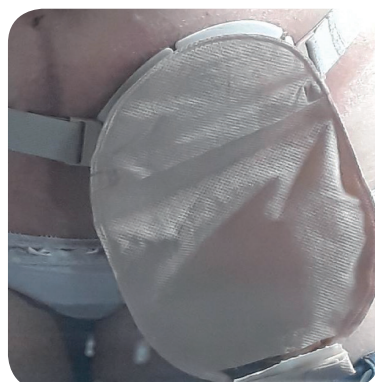
1. Williams J, Gwillian B, Sutherland N, Matten J, Hemmingway J, Ilsey H et al (2010) Evaluating skin problems in people with stomas. BJN 19(17): s6-15 2. Wound, Ostomy, Continence Nurses Society(WOCN). (2013) Colostomy and Ileostomy: Products and tips. Mt. Laurel, NJ: WOC 3. Wound, Ostomy, Continence Nurses Society(WOCN). (2016) Peristomal skin complications: Best practice for clinicians. 4. Hooper J (2018) Ostomy: Choosing the Right Appliance. Wound Care Education Institute www.woundcentral.com

### Patient History:

- Mrs N., 30 years old, suffering from Crohns disease for 10 years
- Had an ileostomy formed in 2016, after an abscess on the colon

### Problems:

- Discharged from hospital on a 2-piece appliance. She has redness around the stoma but no itching. ET nurse advises it is normal to experience skin reaction
- No ET nurse follow-up in place
- At home, the rash worsens and itching develops. As Mrs N. thinks this is normal, she tries to manage it herself with advice from the surgeon and pharmacist
- In a follow-up appointment with the surgeon they recommend she seek advice from an ET nurse



### Nurse review (1 year post-surgery):

- Mrs N. is using a large number of accessories and changing her baseplate **twice per day**
- She is **very active**, playing sports 5 hours per week, as well as working
- ET nurse suggests a **simpler** stoma care routine

### Nurse recommends eakin dot® 2-piece:

- **skinsmart™** hydrocolloid for longer-life wear
- **eakin Cohesive® Paste**, ostomy belt and powder also recommended

### Outcome:

- Mrs N. is delighted as she now gets **3 days wear time**. She finds the appliance comfortable
- Mrs N. chooses to remove the baseplate after 3 days but could achieve even longer wear time.
- She is more relaxed whilst playing sport and at work

### Clinical evidence for choosing eakin dot® 2-piece:

- Improves peristomal skin problems
- Ease of use
- **skinsmart™** hydrocolloid for longer-life wear
- Meets the individual needs of ostomates