



Choose eakin dot® 2-piece for peristomal skin problems

4 reasons to use:

1. Choosing the correct appliance is an important aspect in a person's overall recovery after ostomy surgery.¹
2. The goal of both nurse and patient is to achieve a predictable, reliable wear time.²
3. Peristomal skin irritation is a very common early complication when managing a stoma.
4. Peristomal skin problems can be corrected with the appropriate pouching system.^{3,4}

Case study submitted by:

Mirjam van Berkom

Functie: Casemanager coloncare en stomaverpleegkundige, Netherlands

References:

1. Williams J, Gwillian B, Sutherland N, Matten J, Hemmingway J, Ilsey H et al (2010) Evaluating skin problems in people with stomas. BJN 19(17): s6-15 2. Wound, Ostomy, Continence Nurses Society(WOCN). (2013) Colostomy and Ileostomy: Products and tips. Mt. Laurel, NJ: WOC 3. Wound, Ostomy, Continence Nurses Society(WOCN). (2016) Peristomal skin complications: Best practice for clinicians. 4. Hooper J (2018) Ostomy: Choosing the Right Appliance. Wound Care Education Institute www.woundcentral.com

Patient History:

- 2011: Mr V.d.B had endoscopic removal of Villous adenoma with high grade dysplasia
- 2012: Colonoscopy to remove scar tissue
- Sept 2017: Diagnosed with rectal cancer
- Oct 2017: Anterior Resection + Loop Ileostomy performed
- Stoma care teaching commenced using 1-piece flat drainable pouch



Nurse review:

- Stoma healthy
- Peristomal skin intact
- Using 1-piece mouldable product due to oedematous oval shaped stoma
- Independent with stoma care
- Discharged home with support from home care nurses



Problems:

- 2 weeks post-surgery, patient experiences problems with leakage and develops macerated, red and damaged skin



Nurse recommends

eakin dot® 2-piece (and powder):

- *skinsmart*™ hydrocolloid for longer-life wear to extend wear time
- Correct shape and size of baseplate to protect peristomal skin



Outcome:

- 5 days later the peristomal skin has healed and use of powder is stopped
- Baseplate stays in place for 2-3 days and he changes his pouch also every 2-3 days

“Secure feeling that the pouch was attached well with the click and that the pouch was flexible enough to move with his body.”



A SMALL PART
OF A BIGGER LIFE

Clinical evidence for choosing eakin dot® 2-piece:

- Improves peristomal skin problems
- Ease of use
- *skinsmart*™ hydrocolloid for longer-life wear
- Meets the individual needs of ostomates