

## Success with eakin dot® 1-piece & eakin accessories via remote teaching\*

Case study submitted by:  
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\*The patient in this case study was assessed and advised by a stoma therapy nurse.



### 4 reasons to use:

1. Stays on securely for longer, helping prevent leaks<sup>1,2</sup>
2. Less time spent on pouch changes<sup>1,2</sup>
3. Improved peristomal skin<sup>1,2</sup>
4. Improved quality of life<sup>1,2</sup>

### Patient History:

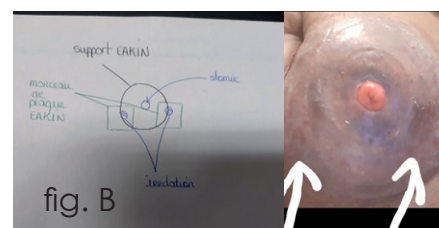
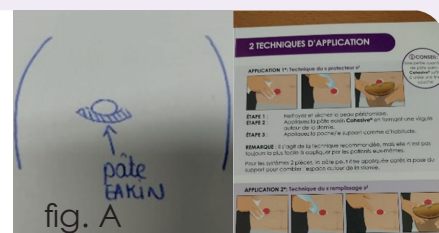
- Mrs V., Crohn's disease since 1996, ostomy surgery in 2001
- Flush stoma
- Parastomal hernia
- Slightly overweight
- Dry skin

### Problems leading to eakin dot® recommendation:

- Numerous sensitivities to pouches with repeated leaks leading to increasing peristomal skin damage, having previously used multiple brands of pouches and flange extenders.
- Mrs V. returned to live in the French overseas territories with all subsequent consultations via video call.
- Nurse recommends eakin dot® 1-piece convex maxi size as well as eakin dot® 2-piece as patient prefers to alternate.

### Success with eakin dot®:

- After just 7 days of using eakin dot® the peristomal skin is much better but she is still experiencing some leaks so patient is taught how to apply eakin Cohesive® Paste via diagrams and remote training (fig. A).
- 12 days later there is a vast improvement in skin condition but 2 small skin irritations remain and nurse recommends (again through remote training) using eakin Cohesive® skin barrier on these specific areas (fig. B). Within days these irritated areas had healed.
- 3 months later Mrs V. travelled back to France for her follow-up. She is free from leaks and her skin is regenerated. Some skin dryness persists and an eakin Cohesive® Seal was recommended (fig. C).
- Mrs V. is delighted with the eakin dot® pouches and is also now using eakin contour™ flange extenders for extra security whilst swimming.



### Clinical evidence for choosing eakin dot® 1-piece:

- *skinsmart*™ hydrocolloid for longer-life wear is clinically proven to offer greater security and improved pouch wear time compared to other hydrocolloids available<sup>2</sup>
- Moulds well to peristomal skin creases and folds<sup>2</sup>