

for absorbing exudate to protect peristomal skin with a urostomy

Case study submitted by
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Background

- 77-year-old lady.
- 2017 - Urothelial carcinoma. Pelvectomy and Bricker surgery resulting in a urostomy.
- July 2018 - left and right breast cancer surgery.
- 2021 - Parastomal hernia diagnosed.

Problems Experienced

- 2022 - Erythema skin reaction with plaque concerns. Patient presented with a large parastomal hernia but was rejected for revision surgery.
- Does not wish to wear an abdominal compression belt.
- Communication issues. Parastomal maceration evident in pictures but patient uncomfortable with a face to face consultation, preferring telephone conversation only.

Nurse Advice

April 22: Skin irritation was evident. After testing multiple product, the lady agreed to an in person consultation to find a solution.

Due to the nature of the case, quickly finding an effective routine was imperative.

"I had to act quickly and efficiently so that the patient was confident and that we were progressing forward in her care."

Advice given to trial eakin **Cohesive**[®] large then an eakin **freeseal**[®] to help with the peristomal skin damage. The seals were chosen as they are proven to be effective at absorption required for the level of maceration apparent in this case.



“...clear improvement in the
peristomal skin condition”

“... less maceration and she has no more
pain”

Solution with eakin freeseal[®]

Skin: There has been clear improvement in the peristomal skin condition.

Stoma Management: The lady continues to use eakin **freeseal**[®], experiencing less maceration and she has no more pain.



May 2022



August 2022



October 2022



November 2022



Skin
continuing to
improve with
the use
of eakin
freeseal[®]

This is an individual case study and therefore claims made are the experience of the nurse and have not been further validated by eakin[®].