

Bringing back unstoppable confidence with a secure, reliable routine

Case study submitted by Marjon Gerbrands
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Background

- 69 year old male
- **March 21:** Emergency end colostomy formation, due to bowel obstruction secondary to inflammation and adhesions.
- **October 22:** Reversal surgery to remove the stoma however, complications led to permanent colostomy creation.
- Difficult time in hospital with ongoing issues including suture leakage resulting in emergency surgery.
- The stoma retracted and tilted resulting in pouch leakages approximately 3 or 4 times a week.

Problems Experienced

- Initially prescribed Dansac convex ileo bags, with a Dansac Tre seal to help with leakage.
- Leakage persisted, causing frequent bag changes of 1 - 2 times as well as emptying 4 times within a 24-hour period.
- Peristomal skin was broken and sore.
- The gentleman lost confidence in his care plan, and this impacted his ability to live his life - including a negative impact on sleep and cancelling holidays as he isn't comfortable to fly when experiencing issues.

Nurse Advice

Due to fluid output, leaks were persistent and therefore the routine was not working for him effectively.

The nurse suggested trialling eakin **freeseal**[®] air 30 (839008) as part of an international trial for the new product. The 30mm starter hole closely matched his stoma size and thicker seal could absorb the more fluid output. His wife cares for his stoma and carefully applied the seal around the stoma followed by placement of the pouch, taking 10 minutes maximum.



“ I am
sleeping more peacefully
as I'm not worried about
leaks with eakin freeseal[®] on ”

"This is the third type of seal I have tried and this one works great!!!! Since there is little stool on the ring and it absorbs more fluid and also is more secure, I would consider leaving the bag in place for longer."

Solution with eakin freeseal[®]

During the 10 day trial, there was a marked improvement for the gentleman.

Skin: As leaks were prevented with the use of eakin **freeseal**[®], the skin irritation quickly reduced to the point where the skin had completely healed around the stoma.

Stoma Management: Although the bag is still being changed once a day due to routine, the gentleman happily would consider leaving the pouch on for 48 hours to see if this would work for him.

Unstoppable: Sleep was always an issue, broken due to anxiety a leak would occur at night. With a secure routine in place he could finally have a good nights sleep with confidence. With his new routine, he is able to enjoy the things he previously didn't feel he could - but with time as he grows in this new found confidence.

Note - as this was a trial, the gentleman returned to his original routine once it was finished. However leaks and sore skin quickly returned so additional eakin **freeseal**[®] product was made available so he could continue his new successful routine.

Day 10

